

The Westwood Group

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If you are choosing to NOT use insurance to pay for your treatment, you have the right to receive a “Good Faith Estimate” explaining how much your medical care is estimated to cost. This has been made into the new Federal “No Surprises Act” law starting January 1st. 2022.

Under the law, health care providers need to give **patients who don’t have insurance or who are not using insurance** an estimate of the bill for medical items and services.

- You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services. These include related costs like administrative tasks, medical tests or prescription drugs.
- Make sure your health care provider gives you a Good Faith Estimate in writing at least one business day before your medical service or item. You can also ask your health care provider, and any other provider you choose for a Good Faith Estimate before you schedule an item or service.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.
- Make sure to save a copy or picture of your Good Faith Estimate.

For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises or call your therapist at 804-264-0966.